

**Cardiology
Associates**

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REFERRAL FORM

PATIENT INFORMATION

Name _____

D.O.B. _____

Health Card # _____

Telephone # _____

APPOINTMENT

Date _____

Time _____

Inform referring physician with scheduled time

SERVICES

- | | |
|--|---|
| 1. <input type="checkbox"/> Consultation | 5. <input type="checkbox"/> Holter Monitor <input type="checkbox"/> 24 hr <input type="checkbox"/> 48 hr <input type="checkbox"/> 72 hr <input type="checkbox"/> 7days <input type="checkbox"/> 14 days |
| 2. <input type="checkbox"/> Echocardiogram | 6. <input type="checkbox"/> Loop / Event Recorder <input type="checkbox"/> 14 days <input type="checkbox"/> 30 days |
| 3. <input type="checkbox"/> Stress Echo | 7. <input type="checkbox"/> Ambulatory BP monitor <input type="checkbox"/> 24 hr <input type="checkbox"/> 48 hr |
| 4. <input type="checkbox"/> Stress Test | 8. <input type="checkbox"/> ECG |

INDICATIONS / CLINICAL INFORMATION

- Chest Pain
- Shortness of Breath
- History of MI / Stroke
- Palpitations
- Heart Murmur
- Dizziness / Lightheadedness
- Syncope
- High BP
- High Cholesterol
- Diabetes
- Abnormal ECG

Date _____ MD _____

See reverse for instructions

CONSULTATION APPOINTMENTS

- Please bring or ask your referring physician to forward any relevant cardiac records or investigation reports.
- Please bring all your current medications at all visits (including follow up appointments).
- You should plan on being at the office for about 60-90 minutes (time may vary with each patient).

ECHO DOPPLER

Echocardiogram is an ultrasound of the heart. The test shows live moving images of your heart. A technologist uses a gel to slide a microphone-like device over the chest area. No radiation is involved in the heart ultrasound.

- There is no special preparation required for an echocardiogram
- Please wear a two-piece outfit
- You should plan on being at the lab for about 30-60 minutes

STRESS TEST AND STRESS ECHO

You will be exercising by walking on a treadmill. Your vitals and ECG will be monitored continuously. For Stress Echo studies, ultrasound images will be taken before and immediately after exercise.

- Please bring a list of all your current medications. Do not take the following medications in the 24 hours prior to your test: Metoprolol, Diltiazem, Acebutolol, Atenolol and Bisoprolol, unless advised otherwise by your referring doctor.
- On the day of the test, have a light meal before the test
- Please bring comfortable shoes (preferably running shoes) and wear loose-fitting two-piece clothes (shorts and T-shirt)
- You should plan on being at the lab for about 30-60 minutes (exercise part of the test usually takes only 5-15 minutes).

HOLTER MONITOR

Also known as an ambulatory ECG monitor, a Holter monitor records your heart rhythm for an entire recording period. Wires from electrodes on your chest go to a battery-operated recording device worn on a belt or shoulder strap. While you are wearing the monitor, you may keep a diary of your activities and symptoms, which will later be correlated with the ECG recordings. Please carry out all your activities as usual except for bathing. Hook up takes 15-25 minutes.

LOOP RECORDER OR CARDIAC EVENT RECORDER (14-day arrhythmia monitor)

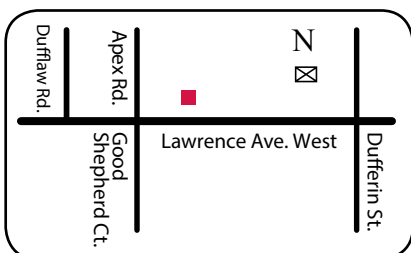
A loop monitor is a patient-activated recording device which is used to record your ECG during symptoms suggestive of rhythm disturbances. The recorder can be easily taken off for bathing or shower needs. The recorded data will be analyzed and correlated with documented symptoms. Hook up takes 15-25 minutes.

AMBULATORY BLOOD PRESSURE MONITOR

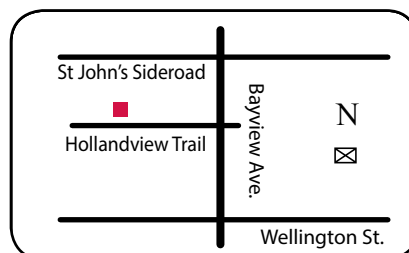
Ambulatory blood pressure monitor will measure and record your BP readings for 24 or 48 hours. The recorder will take measurements of your blood pressure every twenty minutes during the day and every hour during sleep. Hook up takes 15-25 minutes. Please carry out all your activities as usual except for bathing.

ECG

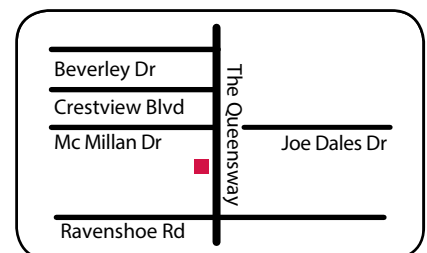
No preparation is required. However, avoid exercising just before the test. You should plan to be at the lab for 10-20 minutes.



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Our offices are wheelchair accessible

