

**TORONTO**

960 Lawrence Ave. West  
Suite 205  
Toronto, ON M6A 3B5  
Tel: 416 256-7100  
Fax: 416 256-7147

**AURORA**

372 Hollandview Trail  
Suite 304  
Aurora, ON L4G 0A5  
Tel: 905 713-1300  
Fax: 905 713-1302

**KESWICK**

Georgina Health Centre  
716 The Queensway South  
Keswick, ON L4P 4C9  
Tel: 1-888-882-1731  
Fax: 1-888-882-1719

**TOLL FREE TEL: 1-888-882-1731 • FAX: 1-888-882-1719**

# REFERRAL FORM

## PATIENT INFORMATION

NAME \_\_\_\_\_

D.O.B. \_\_\_\_\_

HEALTH CARD # \_\_\_\_\_

TELEPHONE # \_\_\_\_\_

## APPOINTMENT

DATE \_\_\_\_\_

TIME \_\_\_\_\_

- URGENT
- INFORM REFERRING PHYSICIAN WITH SCHEDULED TIME

## SERVICES

- CARDIOLOGY CONSULTATION
- ECHOCARDIOGRAM
- STRESS ECHO
- STRESS TEST
- HOTER MONITOR     24 HR    48 HR    72 HR    7 DAYS    14 DAYS
- LOOP/EVENT RECORDER     14 DAYS    30 DAYS
- AMBULATORY BP MONITOR     24 HR    48 HR
- ECG

- ADD CONTRAST TO ECHO OR STRESS ECHO
- BOOK A CONSULTATION IF TEST RESULTS ARE ABNORMAL    *Please forward for Consults: Previous ECG, blood work, and prior cardiac investigation results*

## INDICATIONS / CLINICAL INFORMATION

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- ABNORMAL ECG
- ABNORMAL GXT
- ARRHYTHMIA / A. FIB.
- CHEST PAIN / ACS
- CARDIAC MASSES
- CARDIAC RISK FACTORS
- CARDIOMYOPATHY
- DIZZINESS
- EMBOLIC EVENTS
- ENDOCARDITIS
- HEART MURMUR
- HIGH BP / HTN
- HISTORY / SUSPECTED MVP
- HISTORY OF CAD
- HISTORY OF CHF
- HISTORY OF MI / STROKE
- PALPITATIONS
- PEDAL EDEMA
- PERICARDIAL DISEASE
- PRE-CARDIOVERSION
- PROSTHETIC VALVE/S
- PULMONARY HTN/DISEASE
- SHORTNESS OF BREATH
- SYNCOPE
- THORACIC AO DISEASE
- VALVULAR DISEASE

DATE \_\_\_\_\_ MD \_\_\_\_\_

## CONSULTATION APPOINTMENTS

- Please bring or ask your referring physician to forward any relevant cardiac records or investigation reports.
- Please bring all your current medications at all visits (including follow up appointments).
- You should plan on being at the office for about 60-90 minutes (time may vary with each patient).

## ECHO DOPPLER

Echocardiogram is an ultrasound of the heart. The test shows live moving images of your heart. A technologist uses a gel to slide a microphone-like device over the chest area. No radiation is involved in the heart ultrasound.

- There is no special preparation required for an echocardiogram
- Please wear a two-piece outfit
- You should plan on being at the lab for about 30-60 minutes

## STRESS TEST AND STRESS ECHO

You will be exercising by walking on a treadmill. Your vitals and ECG will be monitored continuously. For Stress Echo studies, ultrasound images will be taken before and after exercise.

- Please bring a list of all your current medications. Do not take the following medications in the 24 hours prior to your test: Metoprolol, Diltiazem, Acebutolol, Atenolol and Bisoprolol, unless advised otherwise by your referring doctor.
- On the day of the test, have a light meal before the test
- Please bring comfortable shoes (preferably running shoes) and wear loose-fitting two-piece clothes (shorts and T-shirt)
- You should plan on being at the lab for about 30-60 minutes (exercise part of the test usually takes only 5-15 minutes).

## HOLTER MONITOR

Also known as an ambulatory ECG monitor, a Holter monitor records your heart rhythm for an entire recording period. Wires from electrodes on your chest connect to a battery-operated recording device worn on a belt or shoulder strap. While wearing the monitor, you may keep a diary of your activities and symptoms, which will later be correlated with the ECG recordings. Please carry out all your activities as usual except for bathing. Hook up takes 15-25 minutes.

## LOOP RECORDER / CARDIAC EVENT RECORDER

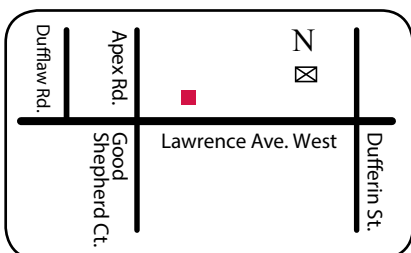
A loop monitor is a patient-activated recording device which is used to record your ECG during symptoms suggestive of rhythm disturbances. The recorder can be easily taken off for bathing or shower needs. The recorded data will be analyzed and correlated with documented symptoms. Hook up takes 15-25 minutes.

## AMBULATORY BLOOD PRESSURE MONITOR

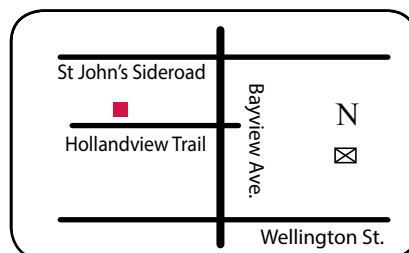
Ambulatory blood pressure monitor will measure and record your BP readings for 24 or 48 hours. The recorder will take measurements of your blood pressure every twenty minutes during the day and every hour during sleep. Hook up takes 15-25 minutes. Please carry out all your activities as usual except for bathing.

## ECG

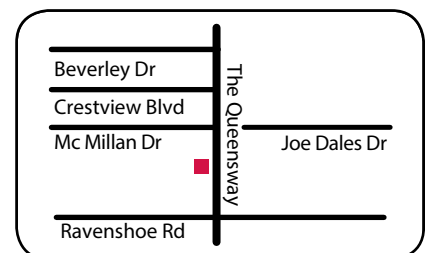
No preparation is required. However, avoid exercising just before the test. You should plan to be at the lab for 10-20 minutes.



TORONTO: 960 Lawrence Ave. West, Suite 205



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KESWICK: 716 The Queensway South

Our offices are wheelchair accessible

